

# Walk the Bibbulmun Track

Feel the spirit of Australia's South West



# Trees to Southern Seas

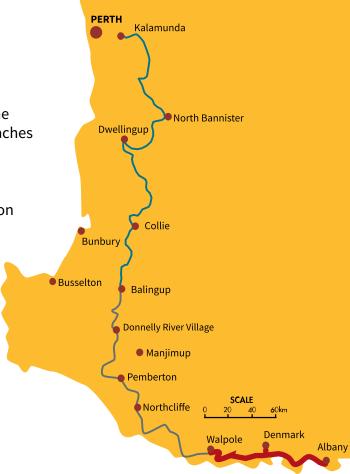
Walpole to Albany

# Trees to Southern Seas

On this six-day family adventure, you'll journey through the ancient tingle forests of Walpole, discover the glorious beaches of Denmark and explore the historic town of Albany, home of the Southern Terminus of the Bibbulmun Track.

Each day of this trip includes a short, family friendly walk on the Track, as well as interesting sights and fun activities in the nearby <u>Track Towns.</u>

Whether you complete the full trip or pick a walk or two, this itinerary will lead you to some of the best parts of the Bibbulmun Track.



# Track Towns offer plenty to see and do



Denmark Animal Farm. Photo: Tourism N/A



Elephant Rocks, Denmark. Photo: Tourism WA



Natural Bridge, Torndirrup NP. Photo: Tourism WA



The Brig Amity. Photo: Amazing Albany

Pay One - Climbing Mount Clare



**Perth to Walpole** 

#### Morning

Walpole is about a five hour drive from Perth via the Kwinana Freeway, Forrest Highway and the South Western Highway. About two and a half hours from Perth, stop in at <u>Balingup</u> for a tasty lunch from one of the town's quaint cafés or bakeries.



Summit of Mount Clare. Photo: Parks and Wildlife Service



Looking for the Teapot Tingle. Photo: Parks and Wildlife Service

#### Afternoon

When everyone's tummy is filled, continue along South Western Highway. About 8km before Walpole, turn right onto Tinglewood Road and travel about 1km along the gravel road to reach the Mount Clare carpark, the starting point of today's Track walk.

#### **Day Walk One: Mount Clare Summit Trail**

Distance: 2.4km return Difficulty: Grade 2 Time: 1-2 hours Starting point: Mount Clare carpark, Tinglewood Road, Broke This scenic <u>section of the Track</u> leads you uphill through magnificent tingle and karri forest to the summit of Mount Clare. The trail is steep in places but once you reach the top, you'll be rewarded with incredible views of the Southern Ocean and Walpole Wilderness. Along the trail, see who can be the first to spot the teapot-shaped tingle tree!

#### **Evening**

Despite its small size, Walpole has a range of family friendly accommodation options, from luxury chalets to self-contained cottages and caravan parks. You'll also find a number of walker friendly businesses on <u>our website</u>.

Day Two - Walking Amongst Giants



**Walpole to Denmark** 

#### Morning

Grab a yummy breakfast from one of the local bakehouses, then head east down the South Coast Highway and turn left on to Valley of the Giants Road. Park in the Valley of the Giants Treetop Walk carpark and look for the Bibbulmun Track markers to begin today's walk.



Inside one of the giant hollow tingle trees

#### Day Walk Two: Treetop Walk to Giants Campsite

Distance: 3.4km return Difficulty: Grade 3 Time: 1-2 hours Starting point: Treetop walk carpark.

Follow the Track south, initially down some steps and along a boardwalk.

Venture into the heart of the tingle forest on this short walk to Giants Campsite. Along the way, you'll pass several hollowed out red tingle trees – great spots for a unique family photo. When you reach the campsite, rest and take a moment to enjoy the tranquillity of the forest before retracing your steps.



Valley of the Giants Treetop Walk. Photo: Tourism WA

#### Afternoon

After walking beneath the treetops, get a bird's eye view on the world-famous Valley of the Giants Tree Top Walk. The 600m walkway leads you through the tops of giant red tingle trees that rise up to 40 metres above the forest floor.

Down below, the <u>Ancient Empire Walk</u> takes you around and right through the middle of some of the forest's most ancient tingle trees, including a particularly gnarled veteran named Grandma Tingle!

#### **Evening**

From Valley of the Giants Road, continue along the South Coast Highway to reach the Track Town of Denmark. Denmark has a large variety of accommodation for families, including, hotels, self-contained chalets, caravan parks and campsites. Check out <u>our website</u> to find a range of walker-friendly accommodation in the area.

# Day Three - William Bay & Greens Pool



Denmark

### Morning

Fuel up with a hearty breakfast in <u>Denmark</u> then drive west on the South Coast Highway and turn left onto William Bay Road. Follow the road towards the coast and keep a look out for the Bibbulmun Track signs, which mark the beginning of today's Track walk. Where the road crosses the Track, park on the right side of William Bay Road. Then walk across the bitumen road heading east to begin the walk.



William Bay Campsite. Photo: Laughing Ladies

# Day Walk Three: William Bay Road to William Bay Campsite

Distance: 2km return Difficulty: Grade 3 Time: 1-3 hours Starting point: William Bay Road, William Bay NP

On this return walk, you'll follow the Track through coastal heath to reach the beautiful William Bay Campsite. Parts of the trail are steep which can be hard work for little legs, so take your time and make plenty of stops to enjoy the coastal views along the way. Just beyond the campsite, watch for the lookout sign on the right leading to an elevated flat rock for sweeping views over William Bay.



Greens Pool. Photo: Tourism NA

#### Afternoon

After an energetic morning, cool off with a refreshing swim at Greens Pool. Surrounded by huge granite boulders, this crystal clear beach is the perfect place to enjoy a picnic lunch. Alternatively, follow the <u>Denmark Farm</u> <u>Gate Trail</u> to visit some of the region's most loved attractions, including the Denmark Animal Farm where kids can feed a range of friendly animals, and Bartholomew's Meadery, which is famous for its delicious honey and homemade ice cream.





**Denmark to Albany** 

#### Morning

After a yummy breakfast in Denmark, take the Lower Denmark Road, turn right on to Cosy Corner Road and park at the Cosy Corner beach carpark. Look for the Bibbulmun Track signs to begin today's walk. Ascend the long wooden staircase near the BBQs, then follow the Track with the ocean on your left.



Walking down to Cosy Corner Beach. Photo: Edith Thomas

# Day Walk Four: Cosy Corner to Torbay Campsite

Distance: 5.4km return Difficulty: Grade 3 Time: 1-3 hours Starting point: Cosy Corner beach car park, Cosy Corner Road, Kronkup This walk takes you through a magnificent grove of mature sheoak trees to reach the beautiful Torbay Campsite. As you pass the sheoak trees, listen for the wonderful whistling sound of the wind in their leaves. At the campsite, stop for a snack and enjoy the superb views that stretch across the bay to Albany from the elevated picnic table.



Padre White Lookout. Photo: Tourism WA

#### Afternoon

When you return from the walk, treat yourself to a delicious lunch at the Cosy Corner Café or one of the many cafés in <u>Albany</u> (via the Lower Denmark Road). History fans can visit the museum and step aboard the Brig Amity, a full size replica of the first European ship to sail into Albany. Then head up the hill to the Albany Heritage Park to learn more about the town's rich ANZAC history. Explore the historic barracks and gun emplacements at Princess Royal Fortress, or visit the Padre White Lookout for a breathtaking view of King George Sound and Princess Royal Harbour.

### **Evening**

Albany is a large regional centre with plenty of family-friendly accommodation, ranging from boutique hotels and chalets, to budget caravan and campsites, and everything in between. Visit <u>our website</u> to find walker-friendly businesses in the area.





Albany

#### Morning

Begin your day with a leisurely breakfast in town and then take Frenchman Bay Road and Princess Avenue to reach Sand Patch Road. Park at the Wind Farm car park and walk toward the coast to reach the steps and boardwalk- then turn left onto the Bibbulmun Track and follow the signs away from the turbines.



Views over the Albany Wind Farm

#### Day Walk Five: Wind Farm to Sandpatch Campsite

Distance: 6km return Difficulty: Grade 3 Time: 2-3 hours Starting point: Wind Farm carpark, Sandpatch Road

This return Track walk will give you a taste of some of Albany's most spectacular coastal scenery. Starting at the wind farm, the trail leads you away from the giant turbines and through coastal heath to reach the Sandpatch Campsite, offering epic cliff top views along the way. On your return, explore the wind farm's boardwalks, lookouts and interpretive signage to learn more about this incredible renewable energy source. You can even stand at the base of the closest turbine and watch the blades swing by above you.



Looking over the Gap. Photo: Tourism WA

#### Afternoon

See more of Albany's amazing coastline with a trip to Torndirrup National Park. To reach the park, head back down Princess Avenue and turn right onto Frenchman Bay Road. Be sure to visit The Gap, Natural Bridge and <u>the Blowholes</u>, to witness the awesome power of the Southern Ocean. You'll also find a number of stunning lookouts, beaches and walk trails including the family friendly 500m <u>Stony Hill Track.</u>

#### **Evening**

Finish off a day of adventure with a stroll along the <u>Ellen Cove Boardwalk</u>. When it's time for dinner, pick up some fish and chips to enjoy while watching the sunset over Middleton Beach.

# Pay Six - Porongurup National Park



**Albany to Perth** 

# **Morning and Afternoon**

Enjoy one last breakfast in Albany before making the five hour drive back to Perth via Albany Highway.

If you're not in a rush, pack some walking supplies and make a detour to Porongurup National Park. Families with older children can explore the <u>Castle Rock and</u> <u>Granite Skywalk.</u> It's a reasonably steep 4.4km hike up and down with a ladder climb up to the top of the rock, but the Granite Skywalk's magnificent views are more than worthwhile.

If you've got little ones, you'll enjoy the family friendly 600m <u>Bolganup Heritage Trail</u> that leads you through towering karris to the scenic Tree-in-a-Rock picnic area.

# What's next?

The fun doesn't have to end here. Explore more of the Bibbulmun Track with our other <u>family-friendly</u><u>itineraries</u>.



The Granite Skywalk. Photo: Tourism WA



The Bolganup Heritage Trail. Photo: Tourism WA

Views from the Granite Skywalk. Photo: Tourism WA



Important Information



# **Keeping kids interested**

Walking on the Bibbulmun Track is a great way for children to experience the wonders of the bush. Try these tips to add even more fun to your walk:

- Spot the Waugal the Track is signposted with Waugal trail markers, challenge your kids to be the first to see the next one.
- Try to identify the different flowers, trees and animals you encounter on the walk. You can find a range of <u>helpful books</u> available from the Foundation.
- Take it slowly. Allow yourself plenty of time so you're not too rushed to stop and rest.
- Listen to the birds, insects, frogs and other sounds of the bush.
- Take a camera to record your adventure.
- Encourage older kids to help plan your walk and give directions using a map or compass.



Stop and soak up the sounds of the bush. Photo: Belinda Coughlan

# Before you go

Here is a list of things you need to do, pack and think about before you go for a day walk.

- Wear good walking shoes, comfortable loose fitting clothes, and a waterproof/windproof jacket.
- Take a watch, wear a sunhat and use sunscreen.
- Pack a bottle of water (1-2 litres depending on distance, terrain and weather).
- Pack a basic first-aid kit and blister kit.
- Pack snacks and lunch.
- Use only appropriate access points.
- Check the current Track Conditions on our website.
- Tell someone where you are going and what time you expect to return.
- Please note that not all sections of the Track have a phone signal.
- Many of these walks can be found on the Trails WA website or download the Trails WA App (iOS only).
- For more tips, visit our <u>Day Walks Getting Started webpage.</u>

#### Remember, your safety is our concern but your responsibility

# **Along the Track**

The yellow Waugal trail markers clearly show the way along the Bibbulmun Track. The Waugal, or Rainbow Serpent, is an important spirit from the Aboriginal Dreamtime responsible for the creation of the rivers, waterways and landforms around WA's South West.



Important Information



# **Tread Softly**

The Bibbulmun Track will lead you through some of the most beautiful and pristine landscapes in the South West, and we ask all walkers to respect the natural and cultural heritage of the area.

While exploring the Track, please follow the seven Leave No Trace Principles:

- 1. Plan ahead and prepare.
- 2. Travel and camp on durable surfaces.
- 3. Dispose of waste properly.
- 4. Leave what you find.
- 5. Minimise campfire impacts.
- 6. Respect wildlife.
- 7. Be considerate of other walkers.



In other words, please leave the Track in better condition than you found it. That way we can make sure that you and others can enjoy the beauty of the Bibbulmun Track now and in the future.

Please note that dogs are not permitted in National Parks. They should be restrained on a leash in State Forests, around the town and in local parks.

# Walk Grades

All walks in this itinerary are graded using the Australian Walking Track Grading System. Use the guide below and ask yourself 'is this walk suitable for me?'



#### Grade 1

No bushwalking experience required. Flat even surface with no steps or steep sections. Suitable for wheelchair users who have someone to assist them. Walks no greater than 5km.



#### Grade 2

No bushwalking experience required. The track is hardened or compacted surface and may have a gentle hill section or sections and occasional steps. Walks no greater than 10km.



# Grade 3

Suitable for most ages and fitness levels. Some bushwalking experience recommended. Tracks may have short steep hill sections a rough surface and many steps. Walks up to 20km.



#### Grade 4

Bushwalking experience recommended. Tracks may be long, rough and very steep. Directional signage may be limited.



#### Grade 5

Very experienced bushwalkers with specialised skills, including navigation and emergency first aid. Tracks are likely to be very rough, very steep and unmarked. Walks may be more than 20km.

Important Information



# **On the Track**

If you spot any problems or changes to this walk, please email the details to <u>friends@bibbulmuntrack.org.au</u> so we can update it for those that follow in your footsteps.

If you enjoyed this walk, please help us keep it fantastic.

Regular maintenance is undertaken by around 300 volunteers managed by the Bibbulmun Track Foundation. If you enjoyed your walk please make a <u>donation</u> – or become a <u>member</u>... it's less than the price of a coffee each month.



# **Contact Us**

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